



Lecithin 1,200 mg

UPC CODE 0 646420 2102 1

NPN# 80004037

NATURAL HEALTH PRODUCTS DIRECTORATE (NHPD) CLAIMS:

Jamieson Lecithin 1,200 mg is approved for the following NHPD claims:

- Source of choline which is a factor in liver protection

GENERAL INFORMATION

The term lecithin generally refers to the phospholipid phosphatidylcholine (choline); however lecithin also contains other phospholipids, including phosphatidylserine, phosphatidylethanolamine and phosphatidylinositol.

Choline plays many roles in the body. Choline functions as a component of other molecules such as the neurotransmitter acetylcholine. It is also a structural component of cell membranes.

Choline has been shown to be essential for normal liver function. Choline deficient diets may result in large amounts of lipids accumulating in the liver.

Lecithin helps to keep cholesterol soluble and prevents it from lining the arteries. It is also an important component of bile which functions in the digestion of fats. Disruptions in phospholipid metabolism can interfere with other metabolic functions such as cell signaling in the body that may ultimately underlie certain disease states and degenerative, age related cognitive disorders.

Jamieson Lecithin is formulated from natural sources and is pharmaceutically tested to guarantee full potency and absolute clinical purity.

What makes Lecithin from Jamieson Laboratories different... and why does that difference mean better?

- 1) Our premium formulations are manufactured using the 360 Pure process – a minimum of 360 quality tests that guarantee traceability and reliability of raw material, product safety, full potency and absolute clinical purity

INGREDIENT INFORMATION

Each capsule contains:

Soy Lecithin 1,200 mg
(11% Phosphatidylcholine)
(Derived from unbleached non-GMO soy beans
Glycine max.)

EXCIPIENTS

Gelatin, Glycerin.

DIRECTIONS

Adults: Take 1 capsule, 2 times daily. Best taken with a meal. Store between 15°C-25°C, away from children.

For Accidental Overdose (such as child ingesting formula)
Dial 911, 0 for operator assistance or call you nearest Poison Control Centre.

For Professional Use Only
The information contained here has been accumulated from many sources.
Indications are not intended as cures, they are simply a guideline to be used at your professional discretion.

For more information please visit www.jamiesonvitamins.com or call 1-800-265-5088 to speak to a Consumer Affairs representative.

07/30/10



INDICATED BENEFITS

- Natural source of choline
- For use in the prevention of fatty liver
- Keeps cholesterol soluble and from lining the arteries

WARNINGS AND PRECAUTIONS

None known when taken as directed.

TOXICITY, ADVERSE REACTIONS, AND SIDE EFFECTS

None known when taken as directed.

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